



Lisa Phillips

Speaker
Biography

Amazing Coaching

Lisa Phillips - Founder of Amazing Coaching

With over 22 years' experience, [Lisa Phillips](#) is an international award winning confidence and wellbeing speaker, trainer and confidence expert. Lisa has spoken at over 200 conferences and wellbeing events. She is also a speaker for Celebrity Cruises, Royal Caribbean, Princess and Carnival Cruises. She is also the current Confidence expert on The Love Destination TV and is a trained TV Presenter. Please [click here](#) to see her TV Presenter Show Reel.

Formally based in Sydney, Australia, , Lisa is the author of ' [The Confidence Coach](#)' [book](#) and her work is regularly featured on national TV, Radio and a wide range of business and lifestyle magazines. Please see here for [Media](#) page.

What makes Lisa stand out from other professionals in her field is her leading edge 'value adding' techniques, engaging personality and the unique style of warmth and vivacity in which she delivers her work. Her high energy, depth of knowledge and great sense of humour builds rapport and trust easily, making the process of change fun, sustainable, realistic and hugely beneficial to everyone involved.

Lisa regular partners with HR and L&D Directors for employee wellbeing initiatives. She has been asked to speak at large international conferences covering industries including Banking and Finance, Hospitality, Education, HR Leadership, Health and Social care and EA/PA events.

Un-edited Guest Speaker Testimonials

Lisa is one of the most charismatic and engaging speakers I have ever had the pleasure of working with and listening to.

Lisa worked with me and my Management team closely in the development and delivery of various projects, primarily around the space of workplace wellbeing. Lisa provided a number of expert recommendations during the project development stage and was our keynote speaker during our Team Events. She developed a close relationship with our key stakeholders, including frontline team members in her pursuit of ensuring all team were consulted with and felt heard.

Lisa's advice was always sound during other workplace coaching projects she also assisted our business with. I would highly recommend Lisa for a multitude of workplace consultancy topics due to the breadth and depth of her expertise and knowledge including training, wellbeing, career coaching and strategic planning. **Paula - Head of Talent and Culture, Accor Hotels**

Lisa Phillips was recently a guest speaker at a recent networking event I organised at PWC . Lisa spoke about empowerment and growing confidence and she was such an inspiration. Lisa lifted the energy within the first 30 seconds!! Her talk was captivating, energetic and extremely engaging, everyone had such positive feedback on her talk!! Thanks so much for speaking at our event Lisa!! **Sarah Curby EA at PWC**

I asked Lisa to visit our workplace in Corby to deliver a workshop recently. She spoke to 16 members of our staff, myself included. The workshop was excellent. Lisa is a brilliant speaker with a natural, easy presence that had us all engaged. She was able to hold everyone's attention for well over an hour and she had some superb tips on how we can be "our own best friends". The following day our office was buzzing. Lisa was talking to 16 of us but so many of us felt that the workshop had been tailor made "just for us" because we could all relate to the feelings she was highlighting. Lisa's workshop has since made us talk more to each other something which we all know is vital for strong mental health. If you are an employer or you work in HR I would strongly recommend that give your staff a boost by booking one of Lisa's presentations.

**Julie Belford-
Kingswood Catering**

Lisa delivered a 75-minute workshop on how to be your own best friend! She was as awesome as ever and my whole team (78) were very moved and inspired and I received a lot of messages later in the evening thanking me for arranging Lisa to come in. I cannot recommend Lisa highly enough, I truly believe everybody needs her in their life!!!

**Sam Evans - Little Learners
Northampton**

[Contact Lisa Phillips](#) for a no-obligation chat today!